**LICENSURE AND CERTIFICATIONS**

**Connecticut State,** License #000319; **New York State**, License #159923 (inactive)

**American Board of Internal Medicine,** August 1994; Recertification,March 2014; August 2004

**American Association of Professional Ringside Physicians,** Ringside Medicine, March 2004

**EDUCATION & POSTDOCTORAL TRAINING**

**Yale University School of Medicine at Norwalk Hospital,** Norwalk, CT

*Internal Medicine,* July 1991 – June 1994

# Massapequa General Hospital, Seaford, NY

*Rotating Internship,* July 1990 – June 1991

**New York College of Osteopathic Medicine/NYIT,** Old Westbury, NY

D.O., June 1990

**Stony Brook University, Health Science Center School of Allied Health,** Stony Brook, NY

BS, Cardio-Respiratory Medicine, June 1986

**Stony Brook University,** Stony Brook, NY

BA, Earth and Space Sciences, May 1983

**PROFESSIONAL INTERNAL MEDICINE EXPERIENCE**

**Western Connecticut Medical Group – Darien Primary and Specialty Care**, Darien, CT

*Internist,*November 2019 – Present

**Soundview Medical Associates,** Darien, CT

*Internist,*February 2010 – November 2019

**Associated Internists of Darien,** Darien, CT

*Internist,* December 1995 – January 2010

**Northern Heart Specialists,** Brewster, NY

*Internist*, July 1994 – November 1995

# PROFESSIONAL RINGSIDE MEDICINE EXPERIENCE

# State of Connecticut, Department of Public Safety, Athletic Division, Hartford, CT

*Chief Ringside Physician,* 1992 – Present

*Chairman, Medical Advisory Board,* 1995 – Present

**Foxwoods Resort Casino,** Mashantucket, CT

*Chief Ringside Physician,* 1993 – Present

## **Mohegan Sun Casino,** Uncasville, CT

## *Chief Ringside Physician,* Athletic Commission, 1996 – Present

### Association of Boxing Commissions (ABC)

*Co-Chairman, Medical Advisory Board*, 2017 – Present

### Association of Boxing Commissions (ABC)

### *Member, Medical Advisory Board*, 2000 – Present

**Association of Ringside Consultants (ARC)**

*Chairman & President, 2014 -* Present

# American Association of Professional Ringside Physicians, Inc. (AAPRP)

# *Chairman, President and Founder,* 1997 – 2010

# *Medical Convention Coordinator & Speaker,* CME Medical Seminar, 2001 – 2009

### World Boxing Union (WBU)

### *Chairman, Medical Advisory Board*, 1996 – 2005

**MEDICAL STAFF APPOINTMENTS**

**Norwalk Hospital,** Norwalk, CT, 1995 – Present

**Mediplex of Darien Nursing Home,** Darien, CT 1995 – 2008

**Honey Hill Nursing Home**, Norwalk, CT, 1995 – 2008

**TEACHING EXPERIENCE**

**Quinnipiac University, Frank H. Netter MD School of Medicine,** North Haven, CT

*Assistant Clinical Professor of Medicine (MeSH Instructor),* 2013 – Present

**New York Medical College,** Valhalla, NY

*Assistant Professor, Department of Medicine,* 2012 – Present

**Yale University Department of Medicine/Norwalk Hospital,** Norwalk, CT

*Clinical Instructor, 2003 - 2011*

**Westchester County Medical Center,** Valhalla, NY

Grand Rounds, “Ringside Medicine,” November 2009

**Norwalk Hospital,** Norwalk, CT

Grand Rounds, **“**Ringside Medicine,” January 2009; September 2005

**SPEAKING ENGAGEMENTS**

**Association of Boxing Commissions,** Scottsdale, AZ

*Conference Speaker,* Ringside Medicine,July 2019

**Mashantucket Pequot Boxing Commission,** Mashantucket, CT

Boxing and MMA Referee Seminar, July 2019

**Association of Boxing Commissions,** Orlando, FL

*Conference Speaker,* Ringside Medicine,July 2018

**Association of Ringside Physicians,** Uncasville, CT

*Conference Speaker,* Ringside Medicine,July 2017

**Association of Boxing Commissions**, Uncasville, CT

*Conference Speaker,* Ringside Medicine,July 2017

**Mohegan Sun Athletic Commission,** Uncasville, CT

Boxing and MMA Inspectors Seminar, March 2016

**Mashantucket Pequot Boxing Commission,** Mashantucket, CT

Boxing and MMA Referee Seminar, February 2014

**Mohegan Sun Athletic Commission,** Uncasville, CT

Boxing and MMA Inspectors Seminar, March 2012

**World Boxing Council, World Boxing Congress,** Cancun Mexico

*Conference Speaker,* Boxing Medicine,June 2007

###### **Congressional Subcommittee on Commerce, Trade, and Consumer Protection, H.R. 1065, United States Boxing Commission Act, Washington, DC**

###### Witness (*Congressional Testimony)*, March 2005

**American College of Sports Medicine Conference,** Las Vegas, NV

*Speaker,*Pre-participation Medical Evaluation in Boxing,February 2004

**International Boxing Federation (IBF) Annual Convention**

*Speaker, Sports Medicine,* San Francisco (2002); New Orleans (2003)

# New York State Assembly's Hearing on Boxing, New York, NY

# *Witness, Testimony on Boxing Safety,* November 2001

# National Association of Attorneys General Boxing Task Force, New York, NY

# *Witness, Testimony on Boxing Safety,* May 2000

**World Boxing Union (WBU) Annual Conference**

*Speaker, Sports Medicine,* various locations, 1996 – 2000

**HONORS & AWARDS**

*Ringside Physician Award,* **BOXREC***, 2019*

*Contribution to Ringside Medicine Award,* **ARP,** 2017

*Most Compassionate Physician Award,***VITALS**2010 – 2019

*Patients’ Choice Award,***VITALS**2008 – 2019

*Ringside Physician Award,***COMBATT,**2012

*Inductee,***Connecticut Boxing Hall of Fame**,2011

*Contribution to Boxing Award,* **Connecticut Boxing Hall of Fame,** 2010

*Ringside Physician of the Year,* **Ring 8,**2009

*Ringside Physician of the Year,* **AAPRP,**2005

*Boxing Health and Safety Award,* **AAPRP,**2003

*Ringside Physician of the Year Award,* **AAIB,**2002

*Outstanding Contribution to Boxing Award,* **WBU,** 1997

*Teaching Award,* **Norwalk Hospital,** 1996 – 1997

**PROFESSIONAL MEMBERSHIPS**

*Member,*American College of Sports Medicine

*Member,* Connecticut State Medical Society

*Member,* Fairfield County Medical Society

**PUBLICATIONS**

Book Chapters

Co-authored, *Mixed Martial Arts: Ringside Safety, Sports Medicine A Comprehensive Review*, **ACSM's Sports Medicine: A Comprehensive Review,** Wolters Kluwer, January 2013

*Medical safety in boxing: administrative, ethical, legislative, and legal considerations***, Medical Safety of Boxing, An Issue of Clinics in Sports Medicine,** Clin Sports Med *- 01-OCT-2009; 28(4): 505-14*

*Ringside Protocols,* **Medical Aspects of Boxing,** (forthcoming)

Articles

*“House Calls”*(Bimonthly Medical Column), Hearst Media Group, Hearst Newspapers,2012 – 2019

*Electronic Medical Records – “No cure-all to healthcare woes,” Hartford Business Journal,* June 1, 2015

*Falsified Medical Records in Boxing,*RingSports, September 2006

*When is it time for a fighter to retire?*Boxing Digest, March 2006

*Failing the Pre-Fight Evaluation,* RingSports, January 2006

*The Ringside MD,* RingSports, November 2005

*Tonight’s Physicians at Ringside are…,* RingSports, October 2005

*Rapid Weight Loss in Boxing*, Boxing Digest, September 2005

*The Hand in Boxing – a Handy Topic,* RingSports, July 2005

*Boxing and the Aging Fighter, Boxing Digest,* April 2005

**OTHER CONSULTING & SPORTS MEDICINE EXPERIENCE**

# *Consultant*

# Executive Advisory Board Member, Mercaptor Discoveries, 2017 - Present

# Expert Consultant in Ringside Medicine, 2003 – Present

# Miami Marlins (MLB Baseball), 2002 – 2016

**NBC TV, “The Contender” (Reality Boxing Series),** 2005

**Montreal Expos (MLB Baseball),** 1996 – 2001

# MLB, New York Mets & Port St. Lucie Mets, June 1994

**Norwalk Community College Basketball,** 1994 –1995

**Norwalk High School Football,** 1992 –1994

**West Palm Beach Expos,** May 1991

*Event Physician*

**WWE Smackdown,** April 2019

**American Athletic Conference Woman’s Basketball Tournament;** March 2019

**Harlem Globetrotters – Mohegan Sun Arena,**2012 – Present

**NCAA Basketball Invitational – Mohegan Sun** 2013

**World’s Strongest Man Competition,** April 2010

**Connecticut Spirit Association, All-Star Cheer & Dance National Championships**, 2006, 2007, 2010

**WWE Smackdown,** August 2008

**WWE RAW 15th Anniversary Show,** December 2007

**Boston Celtics v. New Jersey Nets**, October 2005

*Media Appearances*

**News 12 Connecticut, “Medical Reports”,** 1998 – Present

**Going Deep with David Rees – “*How to get punched”,*** November 2015

**Norwalk Hospital “Health Talk”,** 2004, 2005, 2012

**WXLM FM 104.7 Radio,** “Healthy Rounds,” November 2008 & 2012

**ESPN Guest Analyst, Friday Night Fights,** June 2006

**TheDonny Deutsch Show, CNBC,** 2005